

You've been diagnosed with cataracts and referred for surgery

What happens next?



Nottinghamshire
Patients



The HealthHarmonie referral service is designed to help you choose your preferred cataract surgery provider after your optometrist has referred you for treatment.

To begin your cataract journey, follow these simple steps:

1

Once your optometrist has referred you for treatment, your referral will be reviewed by **HealthHarmonie** within 2-3 weeks.

2

If a preferred provider has already been selected on your referral, **HealthHarmonie** will aim to book you directly into an available appointment and confirm this by letter. If no appointments are available, your chosen provider will contact you directly to arrange a date and time.

3

If a provider was not selected on your referral, **HealthHarmonie** will call you to discuss your options. You will be offered at least five local providers based on your postcode, and **you may choose a different provider that is not listed if you prefer**. If you make a choice during the call, your appointment will be arranged. If you do not make a choice during the call, you will be booked with the nearest provider offering the next available appointment. In both cases, confirmation will be sent by letter.

4

If **HealthHarmonie** cannot reach you, they will try again the same day. If they are still unable to reach you, an appointment will be arranged with the nearest available provider and details sent to you by post. In some cases, the provider may contact you directly to confirm your appointment.



You have a legal right to choose any qualified NHS provider for your cataract surgery.

When you are contacted, it's important to respond so that you are exercising your right to choose any qualified NHS provider for your cataract surgery.

If you wish to discuss or change your appointment or provider, please call HealthHarmonie on 0121 454 7779 and select option 3 for Ophthalmology.



Understanding your choices

If more than one provider is available, you can choose where you receive treatment. When making your decision, you may wish to consider factors such as:

How might my eyesight change after cataract surgery?

Take a look at the visual outcomes for each provider which should be published on their websites.

What has the experience been like for other patients?

Reviews on platforms such as Trustpilot and patient feedback can provide useful insight about where you choose to have your care.

How do I know I'll be receiving trusted, high-quality treatment?

Hospitals in England are independently assessed by the Care Quality Commission. Check ratings to assess the quality of care.

Is the location and accessibility convenient for me?

Assess whether providers offer parking or a free transport service, and how quickly they can get you in for an appointment.



How can we help you?

Giving you quick, local access to NHS care.

SpaMedica provides NHS ophthalmology services at over 60 locations across the UK. Referred patients will be supported throughout their care journey, from assessment and treatment through to follow-up appointments.

Scan the QR code or visit
our website to find out
more about SpaMedica

spamedica.co.uk



We follow strict data protection laws (GDPR) and meet NHS standards. Rated and regulated by the Care Quality Commission (CQC).

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