

How can we help you?

Giving you quick local access to free NHS care.

With over 60 hospitals nationwide, SpaMedica is the largest independent provider of NHS cataract treatment in the UK.

Our experts will guide you through every step, from diagnosis to surgery and recovery, ensuring you feel comfortable and confident the whole way through.

Scan the QR code or visit our website to find out more about SpaMedica

spamedica.co.uk



We follow strict data protection laws (GDPR) and meet NHS standards. Rated and regulated by the Care Quality Commission (CQC).

SM_LBB0183_1025

SpaMedica Ltd. registered in England & Wales: 06644293
Registered Address: SpaMedica Head Office, 43 Churchgate, Bolton, BL1 1HU

SpaMedica

NHS
Providing NHS services

You've been diagnosed with cataracts and referred for surgery

What happens next?



**Mid & South
Essex Patients**



The NHS Referral Management Services is designed to help you choose your preferred cataract surgery provider after your optometrist has referred you for treatment.

Your referral will be directed to the most appropriate care setting where you can choose where you have your treatment.

To begin your cataract care journey, follow these simple steps:

- 1 You will receive an SMS text message from **'NHS EYECARE'** containing 2 links: one for the Primary Eyecare Services 'Find a Hospital' tool, and the second is a link to the Patient Choice Portal with a reference and passcode for you to access your personal referral.
- 2 To access your Patient Choice Portal, follow the Provider Choice link, enter your reference number and passcode, and click 'Find my referral'. You will then have an option to choose between 5 of your most local providers.
If you wish to choose a provider outside of the list shown, you can call Primary Eyecare Services on 0330 128 1599 to discuss your choice of provider.
- 3 Once you've confirmed your choice, your chosen provider will contact you within 48 hours to arrange the date and time of your appointment.



You have a legal right to choose any qualified NHS provider for your cataract surgery.

Your NHS care is free with no hidden charges.

If you do not have a mobile phone number on file, you will receive patient choice communication via letter.

When you receive a patient choice SMS from 'NHS EYECARE' or a Patient Choice letter, you must respond to it or the referral will not be processed.



Choosing your cataract surgery provider

Before you begin your cataract care journey, think about what's important to you when choosing a provider. Here are a few reasons why patients choose SpaMedica:



97.6% of SpaMedica patients regain driving standard vision after surgery ^[1]



Short wait times



With 60+ hospitals across the UK, we're never far from where you are

[1] 2024/25 National Ophthalmology Database Audit
Your NHS care is free with no hidden charges.